



## DIAMOND CREEK WOMEN'S FOOTBALL CLUB Inc.

### **Masters 2020**

AFLW Masters is football that allows mature players (35+) the opportunity to participate in our great game of Australian Rules Football and to compete with similarly aged players in a safe, well organised and enjoyable atmosphere.

DCWFC is excited to be starting a new team for the 2020 season.

Key details:

- Training once a week
- Play every second week during the season (Saturdays)
- Games consist of 4 x 15-minute quarters (with 5-10-5 Qtr time breaks)
- AFL Masters has a national standardised set of modified rules:  
<https://dcwfc.com.au/aflw-masters/>, other than that it's footy as you've always known and loved it
- Clubs exist throughout the Victorian Metropolitan area

It is the pathway to either:

- Play for the first time in a competition that is more focused on fun and keeping fit for life
- Continue playing football when the body starts struggling to recover from the rigors of Seniors football, but the mind isn't ready to stop
- Come out of retirement, you know you want to!
- Or get involved in supporting a team

**We are looking for Players, Coaches, Administrators and Support staff.**

Contact us to register your interest for 2020 or come to our **Registration Day**  
Sunday 10<sup>th</sup> November 2pm – 5pm @ Plenty War Memorial Park

John Raleigh M: 0434 030 478 or [president@dcwfc.com.au](mailto:president@dcwfc.com.au)

Ruth Bailey M: 0438 051 887 or [secretary@dcwfc.com.au](mailto:secretary@dcwfc.com.au)