

CONCUSSION MANAGEMENT – at least two GP visits are required

If there is a suspected concussion in a game, the player/family must go to a GP (preferably a GP with experience in concussion management) to confirm whether or not there has been a concussion.

If the GP says there was no concussion:

The GP must write a letter that states:

- They have physically examined the player
- They don't believe a concussion has been sustained
- The player is cleared to return to full contact training and games.

The letter must be dated and signed by the GP, including a provider number.

The letter must be given to the Team Medic before the player can return to training.

Please note: if the GP adds any conditions to the letter that indicate suspicion of a concussion, the player must enter into the Graded Return To Play protocol.

If the GP confirms there was a concussion or suspected concussion:

The player then enters into the Graded Return to Play protocol.

The player must again visit the GP in Stage 3 of the Graded Return to Play protocol to get the Medical Clearance Form completed so the player can return to full contact training.

The Medical Clearance Form must be provided to the team medic before the player can take part in full contact training.

The player must complete at least one, but preferably two, full contact training sessions, without any recurrence of symptoms, before they can return to a game.

DCWFC

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